

CDLQI (Children's Dermatology Life Quality Index)

The aim of this questionnaire is to measure how much your skin problem has affected you OVER THE LAST WEEK. Please tick ✓ one box for each question.

1. Over the last week, how **itchy**, "**scratchy**", **sore** or **painful** has your skin been?  
Very much   Quite a lot   Only a little   Not at all
2. Over the last week, how **embarrassed** or **self-conscious**, **upset** or **sad** have you been because of your skin?  
Very much   Quite a lot   Only a little   Not at all
3. Over the last week, how much has your skin affected your **friendships**?  
Very much   Quite a lot   Only a little   Not at all
4. Over the last week, how much have you changed or worn **different** or **special clothes/shoes** because of your skin?  
Very much   Quite a lot   Only a little   Not at all
5. Over the last week, how much has your skin trouble affected **going out, playing, or doing hobbies**?  
Very much   Quite a lot   Only a little   Not at all
6. Over the last week, how much have you avoided **swimming** or **other sports** because of your skin trouble?  
Very much   Quite a lot   Only a little   Not at all

7. Last week

- a. Was it **school time**?

**If school time:** Over the last week, how much did your skin problem affect your **school work**?

- Prevented School   Very much   Quite a lot   Only a little   Not at all

**OR**

- b. Was it **holiday time**?

**If holiday time:** How much over the last week, has your skin problem interfered with your enjoyment of the **holiday**?

- Very much   Quite a lot   Only a little   Not at all

8. Over the last week, how much trouble have you had because of your skin with other people **calling you names, teasing, bullying, asking questions** or **avoiding you**?  
Very much   Quite a lot   Only a little   Not at all
9. Over the last week, how much has your **sleep** been affected by your skin problem?  
Very much   Quite a lot   Only a little   Not at all
10. Over the last week, how much of a problem has the **treatment** for your skin been?  
Very much   Quite a lot   Only a little   Not at all

**Please check that you have answered EVERY question. Thank you.**